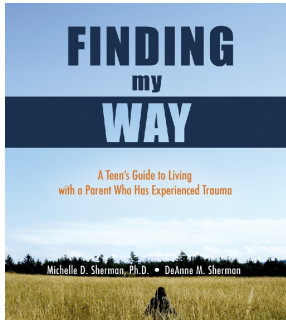


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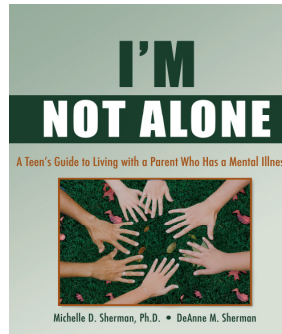
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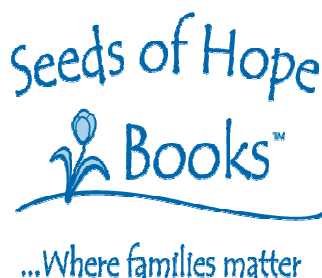
\* Deal with their friends

\* Identify resources and find hope



**Michelle D. Sherman, Ph.D.**, is a clinical psychologist and the Director of the Family Mental Health Program at the Oklahoma City Veterans Affairs Medical Center; she is also the co-chair of the Family Studies Team of the South Central Mental Illness Research, Education and Clinical Center (MIRECC) and an adjunct associate professor at the University of Oklahoma Health Sciences Center.

**DeAnne Sherman**, Michelle's mother, is a teacher with over 40 years of experience educating, mentoring, and empowering teenagers.



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