

# Brookhaven Hospital Renewal Program Outcome and Satisfaction Results

## Renewal Mission Statement

The Renewal Program at Brookhaven Hospital offers adjunct treatment options for Christians with a behavioral health, chemical dependency, or eating disorder problem. Consistent with a Christian world view, we see these problems as physical, emotional, and spiritual illnesses and the path to recovery requiring an integration of treatment for these aspects of our lives.

## Program Description

Brookhaven Hospital practices an interdisciplinary approach to our patient's treatment. In adhering to the mind, body and soul aspects of healing, Brookhaven offers the Renewal Program to all patients as an adjunct to other services. The program is Christian based and consists of:

- Spirituality Group Monday through Saturday
- Church services on Sunday
- Bible Study seven nights a week on various topics
- Pastoral Counseling by request
- Linkage to other spiritual leaders in the community as needed

These services are optional. Other services provided by the hospital are required by various oversight bodies such as the Joint Commission, Oklahoma Health Department, Medicare, Medicaid, and the Oklahoma Department of Mental Health and Substance Abuse Services.

## Outcomes

### Spiritual Injury Survey

The Spiritual Injury Survey (SIS) is a brief, eight question survey designed to measure the following areas:

- Guilt
- Anger/resentment
- Grief/sadness
- Lack of Purpose
- Despair/Hopelessness
- Perceived Unfairness of God/life
- Worry Regarding Doubts in God
- The Fear of Death

The following table indicates the results for this quarter:

| <b>Spiritual Injury Survey Results</b> |      |
|----------------------------------------|------|
| <b>4<sup>th</sup> Quarter 2011</b>     |      |
| Average Admit Score                    | 19.4 |
| Average Discharge Score                | 13.6 |
| Difference/Improvement                 | 5.8  |

## Interpretation

The average admission score results indicate that many of the patients admitting during the quarter had a moderate spiritual deficiency. After participation in the Renewal Program, the discharge score indicates that many patients improved by seven points on average. This improvement indicates that for many patients, they progressed from a moderate spiritual deficiency to a total score that indicates “normal” spiritual development. The overall results indicate that the Renewal Program is successful in assisting patients in their spiritual recovery.

## Renewal Satisfaction

Patient satisfaction is an important component of any program and is a general indicator of the program’s quality of care. The Renewal Program administers the patient satisfaction survey at discharge to evaluate the Renewal Program services. Following are the results for the current quarter:

| Question                                                           | Renewal Satisfaction Results 4 <sup>th</sup> Quarter 2011 |       |          |                   |     |
|--------------------------------------------------------------------|-----------------------------------------------------------|-------|----------|-------------------|-----|
|                                                                    | Strongly Agree                                            | Agree | Disagree | Strongly Disagree | N/A |
| I choose BH because of the Renewal Program                         | 36%                                                       | 30%   | 12%      | 6%                | 16% |
| I would recommend BH to another based on the Renewal Program.      | 58%                                                       | 26%   | 5%       | 7%                | 4%  |
| I gained specific knowledge which is beneficial to me spiritually. | 62%                                                       | 25%   | 4%       | 4%                | 5%  |
| Staff was available to help meet my spiritual needs.               | 63%                                                       | 30%   | 2%       | 1%                | 4%  |

## Interpretation

There were 180 surveys completed for the fourth quarter in 2011. From the table, 66% (Strongly Agree + Agree) chose Brookhaven Hospital because of the Renewal Program. Interestingly, 84% would recommend Brookhaven Hospital based on the services they received from the Renewal Program staff. In addition, 87% report gaining specific knowledge that was beneficial to them spiritually. Finally, 93% of those surveyed report that staff was available to help them meet their spiritual needs. In summary, the data indicates that patients are very satisfied with the services they receive from the Renewal Program.